

Vehement Flame Ministries

Isaac Bareno

Communion (Talking/Praying) (to/with) Holy Spirit: (T-R-U-S-T)

“The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Ghost be with you all. Amen” (2Cor. 13:14 KJV)

We focus on, honour, and admire the person Holy Spirit in direct acknowledgment that He resides in us. The Spirit flows in the depths of our “innermost being.” We turn to the Spirit in our spirit to grow in the deep things of God.

“He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water.” (But this spake he of the Spirit, which they that believe on him should receive: for the Holy Ghost was not yet given; because that Jesus was not yet glorified.) (Jn. 7:37-38 KJV)

Our greatest inheritance on this side of eternity is our inner man being touched by Holy Spirit. The very Spirit of Jesus on the inside of you.

Keep your heart with all diligence, for out of it spring the issues of life. (Prov. 4:23)

[H3820] Leb: Heart

Meaning: the heart, the feelings, the will, the intellect, centre

Word Origin: Derived from an unused root meaning to be enclosed

Corresponding Greek / Hebrew Entries: - 2588 (kardia): The Greek equivalent of “leb,” used in the New Testament to denote the heart as the center of physical and spiritual life.

Usage: In the Hebrew Bible, “leb” primarily refers to the heart, not just as a physical organ but as the center of human emotion, thought, will, and moral character. It encompasses the inner life of a person, including feelings, desires, intellect, and decision-making processes. The heart is seen as the seat of wisdom and understanding, as well as the source of moral and spiritual life.

Communing/talking with the Holy Spirit means, we talk often to Him as we give our heart to Him. It means we hear back from Him it's a two-way dialogue (Many pauses, giving time for a response). The Holy Spirit honors our part in the

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relationship by not forcing us to dialogue with Him, if we do not want it. He does not want conversation or friendship with anyone who is not want or hungry for it. Love requires a voluntary response. He waits to beckon us to a deeper and more continual conversation.

The Holy Spirit ministers in us a bright light that drives darkness out and overpowers the darkness of confusion, accusation, and rejection (Jn. 1:5); a consuming fire (Heb 12:29) that devours everything that gets in the way, like bitterness, addictions etc.: a flowing river that connects our heart with the spontaneous movement of God's heart (Jn. 7:37-39).

Being practical in communing/talking with Holy Spirit

David calmed and quieted his soul. We need to dial down or just take our foot off the gas pedal and listen (without stirring our souls up to fervor). An over-active soul keeps us out of sync with the subtle movements of the Spirit. We quiet our soul to connect with the Spirit's whisper in our heart. We quiet the turbulent activity of our soul in our clamoring for attention, pleasure, a restless anxious spirit that naturally active. It takes a while to get in sync with this (few months). Mornings work best when the soul is less active.

Surely I have behaved and quieted myself, as a child that is weaned of his mother: my soul is even as a weaned child. (Ps. 131:2 KJV)

As we wait or rest in His presence, speak affectionate (intermittently saying to God, "I love You") speak slowly (not rapid fire), softly (not shouting at the indwelling Spirit), briefly (short phrases not paragraphs, even reducing phrases to one word). Minimally (listen twice as much as talking by limiting our speaking to one third) with many pauses, praying with our spirit with the gift of praying in tongues, passing our mind/understanding (1 Cor. 14:2). Along with gentleness, allowing Him to help connect with you (Rom. 8:26). Waiting in silence for few seconds or minutes. "Less is more" in terms of amount and volume of speaking. Journal: take time to record thoughts and prayers, so as to capture the truths He gives us. Helps develop a great journal of talking with Him overtime. No matter how small.

PRATICAL PHRASES/WAYS TO USE IN TALKING WITH HOLY SPIRIT IN A FOCUSED WAY. (ACROYNM T.R.U.S.T.)

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T. Thank you: recognize the Spirit's indwelling presence in you simply by thanking Him for it. Pray, THANK You Holy Spirit, for Your beautiful, bright presence in me. I love Your presence. THANK You that you made Your home in me. I did nothing to deserve it, it's a free gift of God the Father. Apart from connecting with You, I can do nothing good. All my power is in You.

I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing. (Jn. 15:5)

R. Reign in me: I submit myself to Your perfect leadership over & in my life. (Romans 8:14). Ask/Thank, the Spirit to release abundant revelation of God's heart, Word and purposes (will Col 1:9) to you. I want to love what you love and hate what you hate Jesus. Reign in every area of my life. (relationships, family, finances, workplace, etc.) **"That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him: (Eph. 1:17)**

U. Utilize me: (1Cor 12:8-12) Ask to release them in your life. Open doors, loose divine appointments, and favor. That my words, my prayers, would bring Your life to others, blessing Your Body. (Ask/Thank the Spirit to utilize you more and more in the spiritual gifts to minister to others.) Anoint me to do Your work Holy Spirit, use my eyes, my words, my hands, and my feet. Thank Him for it. THANK You for releasing the manifestation of Your gifts and power through me to help others. But the manifestation of the Spirit is given to each one for the profit of all (1 Cor 12:7).

S. Strengthen me: Ask the Spirit to strengthen your mind, emotions and speech with His might. His power is already in us (Gal. 5:22-23 the fruit of Him) therefore, pray, Thank you for the presence of Your love, peace, patience, and self-control in me or Thank You for warring against my flesh and guarding my speech. Sustain and refresh me in You Holy Spirit.

That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God; Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; (Col. 1:10-11).

That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; (Eph 3:16).

T. Teach me: Holy Spirit I ask for you to teach me and expound in everything of Jesus Christ to and in me. Ask Him to teach you about God's will and ways that He

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Isaac Bareno

may manifest His leadership in every issue in your life. Teaching you in every area of life including finances, schedule, circumstances, emotions, physical body (diet, health), relationships, alignment of the people (you hang around) you are responsible for (in the home, office, ministry), future, opportunities with divine appointments, fears, addictions and shortcomings. Ask that He establish God's divine order in your home, job and ministry. We pray, "Spirit, I love Your will and ways, therefore, teach me Your leadership and manifest it in my life". He will give us new ideas, order our steps and open doors of opportunity for strategic alliances in each area of our life as we Ask/Thank Him. Declare, You are my greatest resource Holy Spirit!

The Holy Spirit...will teach you all things... (Jn. 14:26)

The Spirit of truth...will guide you into all truth; He will tell you things to come. (Jn. 16:13)

The anointing...abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things... (1 Jn. 2:27)

But ye, beloved, building up yourselves on your most holy faith, praying in the Holy Ghost (Jude 1:20)